
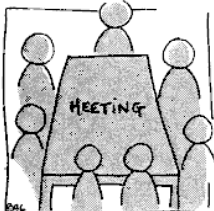

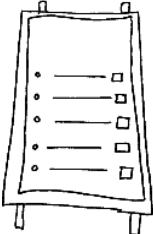


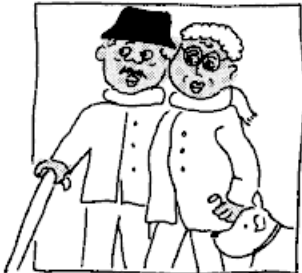
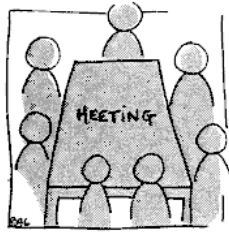


Carers Action Group from 25th November 2009 to 18th January 2010

What we are involved in	What we are doing
<p>Training for carers</p> 	<p>We are involved in the planning meetings which look at carers training needs.</p>
<p>Making Short breaks happen</p> 	<p>Carers remain involved at all levels of the planning around the new journey.</p>
	<p>More ways of talking with Carers and partners are being looked at.</p> <p>Examples: working with schools working with Carers Groups and single carers</p>
<p>Making Short Breaks happen feedback event</p> 	<p>The day went well with a lot of feed back from carers on their thoughts of the draft Short Breaks Plan.</p> <p>Steph Chapman did a pictorial Short breaks plan on the wall to make it easier to understand.</p>
<p>Regional family carers meetings</p> 	<p>We attended the meeting which was held in Nottingham.</p> <p>The group looked at what is important to carers in different parts of the region and what each area is doing now.</p> <p>The important things were :</p> <ul style="list-style-type: none"> • People with learning disabilities are carers • Family leadership

	<ul style="list-style-type: none"> • Linking in with other carers work • Families from ethnic communities • Older families <p>There is an action plan to make sure that each area can improve what is happening now.</p> <p>The group agreed on the most important things to take to the National Valuing Families Forum.</p> <p>These were:</p> <ul style="list-style-type: none"> • Personalisation • Short Breaks • Carers Assessments • Fairer Charging Policy <p>Steph Chapman is the Regional representative at this National meeting.</p>
<p>Regional Open Family Carers Forum</p> 	<p>This meeting is held 4 times a year and is open to all carers across the region. The last meeting was held in Leicester. Carers from different parts of the region said they found this meeting useful.</p> <p>They liked sharing information and hearing about different ways of doing things.</p> <p>They said they want to know how Individual Budgets work in reality.</p> <p>It was agreed that Personalisation and personal budgets would be the subject of the next open forum.</p> <p>It was agreed that Personalisation leads would be invited to tell carers about what is happening in their areas.</p>
<p>Regional event about older families</p> 	<p>It was agreed at the Regional Family carers meeting that there will be a regional event about older families which will help Partnership Boards to make good plans for older families.</p>

Carers Action Group Meetings



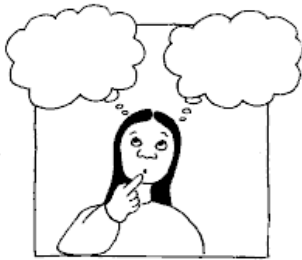
More meetings are being planned for 2010.

Carers Action Group Newsletters



Articles are still very slow coming through from Managers. We are looking at ways to make the newsletter better.

Home Farm Trust Planning for the Future Workshops for family carers



The Carers Action Group worked in partnership with Ansaar to let carers know about the workshop sessions through the newsletter.

Some of the members of the Carers Action Group and Ansaar groups have attended the sessions.

Margaret Power from HFT (Home Farm Trust) led the workshops.

Carers at the workshops shared their experiences and ideas and said what they would like to change.

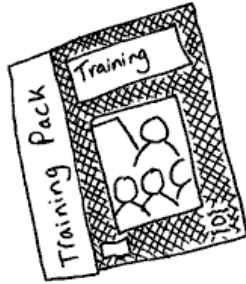
Margaret will write a report about this.

National Valuing Family Carers Forum



Steph Chapman is the Regional Family carer representative on this National Board

Better Health and Person Centred Planning



Carers want more training and information about person centred reviews and Health action planning.

Autism



We are currently planning a day with Carers and partners to discuss what help is needed to support someone who may be on the autistic spectrum.

The information gathered will be sent to London to be used by the Department of Health to help them write a special guidance which will show how the Autism Big Plan will be used to help people.

Carers Roadshows



Money has been given to all Partnership Boards to hold events about employment for family carers. Along with carers, we will be producing an information pack which can be kept up to date more easily and reach more carers on an ongoing basis.

A working group of partners has been set up to action-plan and oversee this work.