
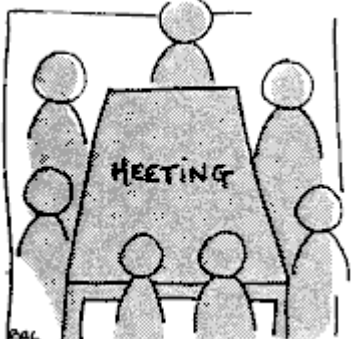

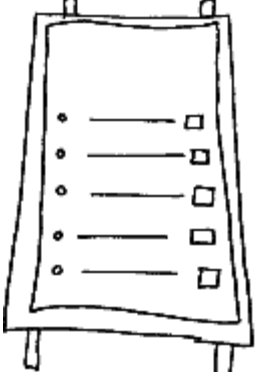


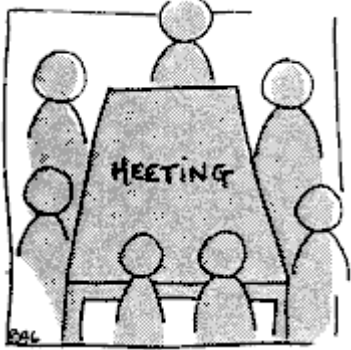



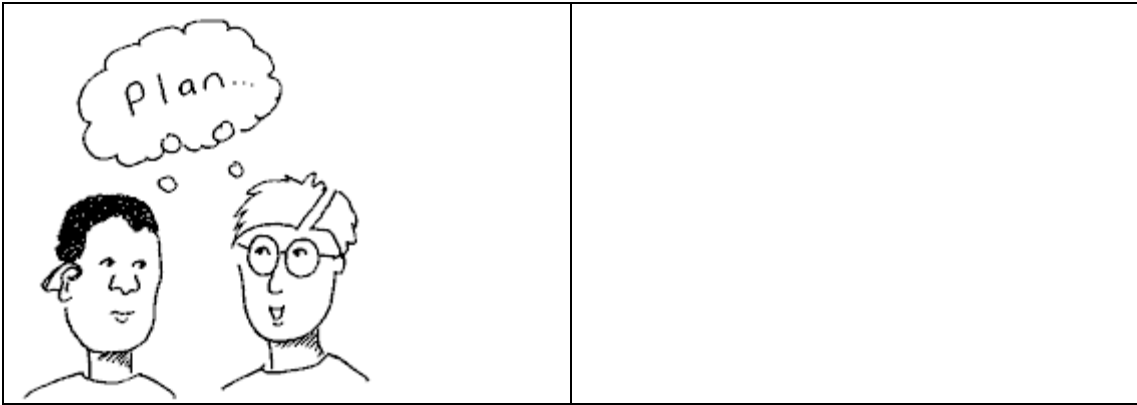


Carers Action Group from 3rd August to 25th November 2009

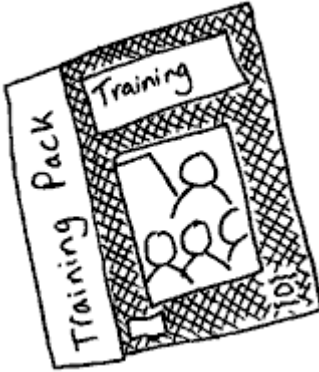
What we have got involved in	What we did
<p>Training for carers</p> 	<p>Have been planning and involved in meetings to look at carers training needs including carers assessments</p>
<p>Making short breaks happen</p> 	<p>Family carers Steph, Mina and Fatima have been involved in the City planning meetings to make short breaks happen.</p> <p>Have looked at the Short breaks Plan and suggested changes to include more about carers needs.</p>
<p>Making short break happen consultation event</p> 	<p>Have been involved in the planning workshops to make the event more accessible for carers.</p>
<p>Making Short breaks happen feedback event</p>	<p>Have been involved in planning the day to make it accessible to carers.</p>

	
<p>Regional family carers meetings</p> 	<p>Attended the meeting which was held in Leicester and told others about what is important for Leicester carers and what they want to change.</p> <p>Steph Chapman , is one of 2 Regional Family Carer representatives on the Regional Programme Board.</p>
<p>Regional Open Family Carers Forum</p> 	<p>Leicester was the host and worked with the Region Valuing People Team to arrange and host the regional event. The event talked about Personalisation and employment.</p> <p>One of the outcomes of the event was that carers said they wanted more information about employment and benefits</p>
<p>Carers Action Group Meetings</p> 	<p>Dr Kumar and Councillor Rory Palmer were invited and both came to listen to what carers said is important to them and what needs to change</p> <p>Arranged a session on the Deprivation of Liberty safeguards with Jackie Whittaker, best interest assessor as the guest speaker</p>
<p>Carers Action Group Newsletters</p>	<p>Sent out newsletters to carers and Partnership Board members in August, September and October</p>

	<p>Have started to send newsletter to some carers of young people in transition via InfoXchange</p>
<p>HFT Planning for the Future Workshops for family carers</p> <p>The workshops have been hosted by Ansaar and Leicester City Council</p> 	<p>Carers Action Group worked in partnership with Ansaar and promoted the Workshop sessions for family carers via the newsletter. Some of the Members of the Carers Action Group and Ansaar groups have attended the sessions. Margaret Power from HFT led the workshops. She will write a report about what carers said about their experiences and what they would like to change.</p> <p>She will ask the Partnership Board if she can talk about the workshops at a Partnership Board meeting.</p>
<p>National Family Carers Forum</p> 	<p>Steph Chapman is the Regional Family carer representative on this National Board</p>
<p>Co Production</p>	<p>Steph has worked in partnership with others on the Co production days</p>

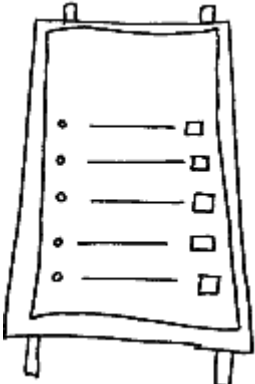


Health Action Planning



Steph has been involved in training GPs about how to work with people with a learning disability who want a Health Action Plan.

National Charter to guide the workforce about how to work with family carers



Steph and Carers Participation Officer, Jo have been involved in the workshops to say what should be included in the charter