

Leicester City Learning Disability Partnership Board



What People Do Group



Room 1, B Block,
8th Floor, New walk Centre

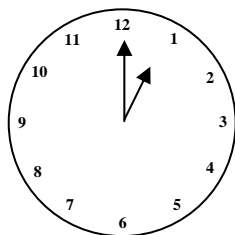
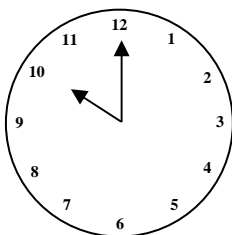
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Minutes

June 2009						
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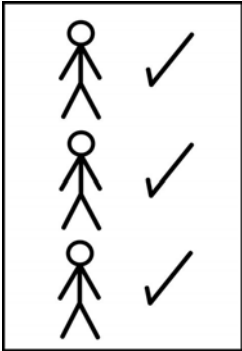
Thursday
4 June 2009

10 am – 1 pm



1. Welcome and Introductions

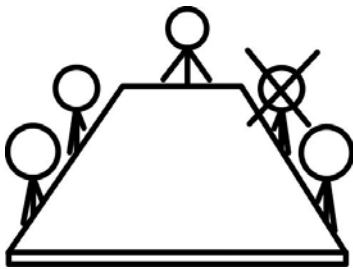
David asked everyone to introduce themselves. Everybody said their names and what they do.



People at the meeting

- **David Brown** - Person Centred Planning Assistant, Leicester City Council
- **Trish Branson** – Service Manager, Learning Disabilities, Leicester City Council
- **Yasmin Surti** – Planning and Service Development Officer, Leicester City Council
- **Sukhi Basra** – Information Systems Officer, Leicester City Council
- **Shamima Sidat** - Valuing People Support Assistant, Leicester City Council
- **John Coster** – Managing editor of ‘Citizens Eye’
- **Ruksana Jagot** – Senior Community Librarian
- **Stan Brown** – Parent carer
- **Lynsey Robinson** - Advocacy Empowerment Worker (Inclusion), Mencap Advocacy Service
- **Serveena Dhir** – Self-Advocate, We Think
- **Leon Jeffers** – Local Leader, Mencap
- **Lou Brown** – Team Manager, Learning Disabilities, Leicester City Council
- **Aaron Keen** – Values Manager, Voluntary Action Leicester
- **Carole Shelton** – Person Centred Planning Coordinator, Leicester City Council

- **Peter Penfold** – Person Centred Planning Assistant, Leicester City Council
- **Jo Brown** – Acting Team Manager, Learning Disabilities, Leicester City Council
- **Sam Holliday** – Senior Practitioner, Learning Disabilities, Leicester City Council
- **Vicky Hawkins** – Service Management Co-ordinator, Leicester City Council
- **Grace Mistry** - Valuing People Support Worker, Leicester City Council
- **Donna Bishop** – Valuing People Support Assistant, Leicester City Council
- **Esme Walsh** – Parent Carer

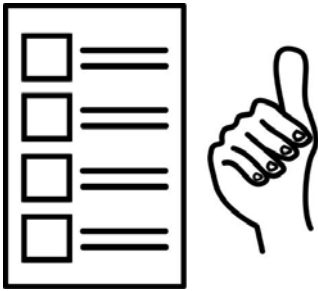


2. Apologies

People who could not come to the meeting

- **Michael Lewis** – Adult Lending Services Manager, Central Lending Library
- **Sarju Sheta** – Accountant, Leicester City Council
- **Gill Cameron** - Team Manager, Workforce Development Unit
- **Andrena Porter** - Leicestershire Partnership NHS Trust
- **Jane Hemsley** – Workforce Development Officer, Leicester City Council
- **Peter Kazakevics** - Vista
- **Jo Burke** – Carers Participation Officer, Leicester City Council
- **Steph Chapman** – Family carer

- **David Cooper** – Representing people with learning disabilities.

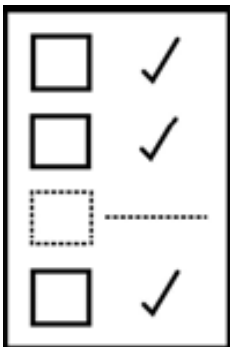


3/4 Minutes of the last meeting (9 April) and matters arising

3.1 Point 4.3: **Action 1 – Trish to speak to Adult Learning to find out who will be the representative at this meeting**

3.2 Action 1: The terms of reference was sent out to the group. No one had any comments. The terms of reference have been updated.

3.3 Action 2: Lou has written an article about the ‘My Time’ questionnaires for the carers newsletter. The carers newsletter will be sent out tomorrow.

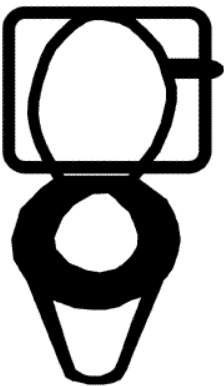


Action 2 – Jo Burke to send an email to the group requesting any information that could go in the carers newsletter

3.4 Action 3: Grace has sent the group the dates for the Social, Leisure and Hobbies Group meetings. Grace has also included Ansaar in the distribution list.

3.5 Action 4: Grace sent the group a poster and information about the Special Olympics opening ceremony.

3.6 Action 5: Sam found a website called ‘Andy Loos’ which hires out portable toilets. The disabled toilet costs £700 a week to hire. Sam told the Special Olympics team about the toilets. They said they do not have enough money to hire it. The grounds at Aylestone Leisure Centre also would not be suitable. The Special Olympics team are looking into the toilet facilities themselves.



Sam also found out that Children’s Services are looking into buying a portable loo next year.

Trish suggested asking the Partnership Board if we could purchase a portable loo ourselves.

We would need to consider where we would store the portable loo. A portable loo was used at the circus event. It would be useful to get feedback on how well it worked there.

3.7 Action 6: The What People Do action plan has been updated by the leads via email.

3.8 Action 7: Carole has written a report on the Person Centred Planning quality checks project. This was sent to the group. Carole is also writing a report for the Partnership Board

The Person Centred Planning quality checks project will be on the agenda for the next meeting.

3.9 The minutes were agreed as correct.

3.10 John Coster from 'Citizens Eye Community News Agency' wanted ideas on how he could help raise the profile of what we do in learning disabilities.

3.11 Citizens Eye are based at the Reference Library on Bishop Street.

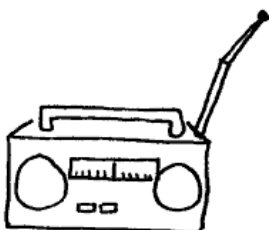
Citizens Eye has:

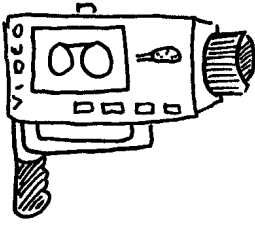
- A website
- A radio show called 'community hour'
- A newsletter called 'Dzine'
- A Youtube channel
- An online photo album on Flickr
- A Facebook profile

3.12 The information in Dzine could be fed into our Learning Disability Information Network website.

3.13 Between 13 July and 9 August, Citizens Eye has a 4 week radio license to broadcast.

3.14 We talked about how we could develop a 4 week programme for the radio.





3.15 Sukhi suggested creating a film recording that can be uploaded on the website as well. John said that he often makes recordings that are uploaded onto Youtube and then linked to various websites.



3.16 One of the weeks of broadcasting will be during the Special Olympics.

3.17 We thought about who could be involved in the radio programmes. Some people we thought could contribute are:

- Carers – Stan Brown, Jo Burke and Steph Chapman
- Leicester County Council
- Voluntary sector – Aaron Keen
- We Think and Brightlights
- Trainers for the Special Olympics / Gill Cameron

3.18 John told the group that there will be different focuses for the 4 weeks. 1 week will be voluntary week. 1 week will be Refugee week. 1 week will be Special Olympics week.

3.19 We thought 1 week could be about Mencap and its campaigns on 'changing places toilets' and on Keep Safe.

Action 3 – Carole to think of different themes for the day for the radio show

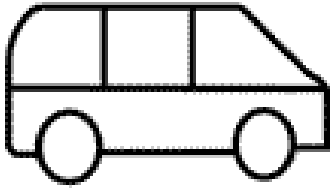
3.20 Sam suggested it would be worth talking about the Motor Activity Programme on the Special Olympics radio feature.



Action 4 - Any ideas for the community radio station are to go to Yasmin.

Action 5 – Yasmin, Sukhi and John to meet to discuss ideas for the community radio station

5. Update



Transport

- 5.1 Sam and Anthea Anderson from the Transport team have been attending the Regeneration and Transport Task Group meeting. This meeting is where the managers of all the bus companies get together. At the meeting they talked about how the bus services will support the Special Olympics.
- 5.2 Sam and Anthea did not have a chance to talk about much themselves, but they were able to listen. They will be going to their next meeting. They will need to decide what they should talk about at the meeting.
- 5.3 One suggestion is to invite someone from the bus companies to our Transport Working Group meeting.
- 5.4 Bus drivers need to be aware of disabilities and learning disabilities. The Tourist Information Centre has some money to spend on this. They will be going into bus company canteens. There they will show a DVD on learning disability awareness and give out leaflets. They will do this for 2 weeks.
- 5.5 Sam and Sanjeev Karwal from the Learning Disabilities Team went to a meeting in April about Star Trak and talking bus stops.
- 5.6 In November the Star Trak team will be piloting timetable key fobs and talking bus stops. The talking bus stops will be on a route from the town centre to the General Hospital.
- 5.7 Mencap and Vista are involved in this pilot. Sam has asked if she and Sanjeev could also be involved.
- 5.8 This pilot scheme is just to test the system and then talk about what went well and what didn't go well.



5.9 Aaron Keen talked about Travel Training.



5.10 Tina Barton from the Travel Training team will be doing a presentation at the Partnership Board. Aaron will also ask the Partnership Board for money to continue the Travel Training.

5.11 Aaron would like to see the opportunity of supporting more people to become independent travellers.

5.12 Aaron will also be talking about Travel Training at the next carers meeting. Aaron is hoping to take a parent to the meeting who could talk about their experience.



5.13 4 people who took part in the Travel Training had Easy-5 phones. Everybody had 'Stay Safe' cards. The Stay Safe cards can be shown in certain shops where they can get help.

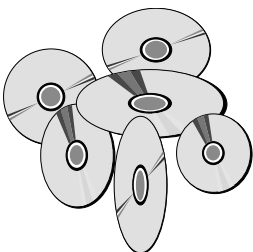
5.14 Values are currently looking at 'stay safe areas'.

5.15 A suggestion was that libraries could be a stay safe area.

5.16 They could also work with Mencap. Mencap are currently looking at having stickers in shop windows that will show people they can go there to get help.

5.17 The What People Do Group will be supporting Aaron at the Partnership Board. The group feel Travel Training is really positive. It helps people to be independent and confident. It is really beneficial for people's lives.

5.18 Aaron told the group that Leicester have managed to train more people than Sutton and Merton had managed to.



5.19 David Brown showed the group a DVD called 'Making Transport Better'. We looked at the sections on problems with transport and how to complain.

5.20 Trish asked the group if they thought this DVD would be useful.

5.21 Shamima Sidat said that the DVD would be very helpful to people with learning disabilities. Shamima said it is very easy to understand. It is very clear in telling us what are rights are.

5.22 Serveena spoke about a trip We Think had to Nottingham. They had some problems. They were not sure how to complain about the train service because it was in Nottingham. The train inspectors did not believe them when they said their passes where for the train as well as the bus.

5.23 Carole Shelton said that at the back of the pass it does not say that it can be used on the bus and the train. This is a problem.

**Action 6 – Carole to email Trish the information about the bus/train pass
Trish to inform those who make the passes**

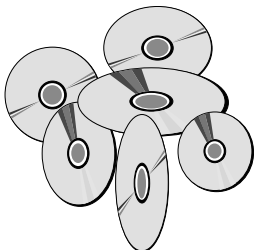
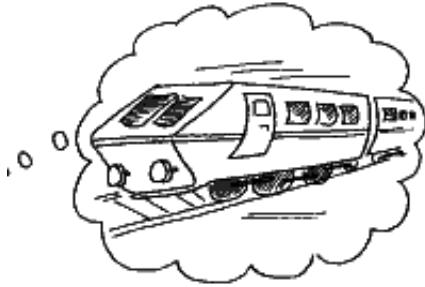
5.24 We agreed that the 'Making Transport Better' DVD can be looked at in our various groups. Aaron will take a copy of the DVD and show it to the Travel Training group to see if it may be useful.

Jo Brown will take it to the Transport Working Group.

We Think and Brightlights will also watch the DVD for their opinions.

5.25 Because the Transport Working Group are thinking about making a DVD on transport, we need to consider what we want the DVD to be about exactly.

We would also need to consider whether the DVD would be national or just for Leicester. If the DVD is a national DVD we could get money from Valuing People Now.





Learning

5.26 Jo Brown talked about the volunteer learning course at Leicester College. They are training for the Special Olympics. It is a 2 week course. There are 20 people from our services who are on the course. 10 people are from Values. They are now promoting the Special Olympics at different venues. They will also be able to be part of the Olympics in London in 2010.

5.27 Trish is currently working with the Learning and Skills Council on 'learning'.

5.28 In September the courses at Leicester College are changing. The courses available will be:

- living independently
- and going to work

5.29 Lou mentioned a course at Leicester College called 'Moving On'. It is for those with profound and multiple learning disabilities. This is a 3 year course.

5.30 Lou said the people who are doing the 'Moving On' course will soon be finishing the course. They will then be going back to day services. This is a step back. It is not clear how the course is supposed to help people 'move on'.

Action 7 – Trish to speak to Sian Margetts about the 'Moving On' course

5.31 Carole said those doing the 'Moving On' course could be linked to people at Leicester College trained to do Person Centred Planning.

5.32 Carole will talk to Frankie Williams from 'continuing studies' at the Leicester College, Frith site.

Action 8 – Carole to talk to Frankie Williams about Person Centred Planning for those doing the 'Moving On' course at Leicester College





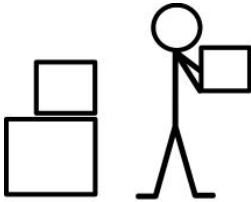
5.33 The Learning Skills Council are ending in March 2010.

5.34 The money from the Learning Skills Council will be going to Children's Services for up to the age of 25.

5.35 Trish was not sure about the money for over 25 years old.

Action 9 – Yasmin and Trish to meet with Sian Margetts and the Learning Skills Council

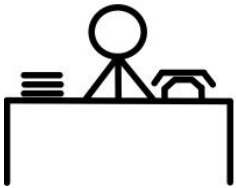
5.36 Trish said she had challenged the Learning Skills Council that people do not need to read and write to work.



Employment

5.37 Jo has been going to a lot of meetings about employment.

5.38 1 of the meetings talks about helping people get jobs in social care and health. Training for specific jobs is ongoing.



5.39 Training is the key issue with employment. The training is to help people become job-ready.

5.40 They are looking at how they can extend the courses.



5.41

The target for the employment team is to have 55 people in employment by next year. Kim Curry, who is the Strategic Director of Adults and Housing is very keen to see people with learning disabilities get jobs.

5.42 Carole mentioned that the National Minimum wage is going up. Someone needs to take responsibility to help people on benefits to inform the benefits agency.

We will need a list of people that are in employment. There will be people who are



employed by the council and some not employed by the council.

- 5.43 It is however the individual's responsibility. But as a service we could support them.

Action 10 – Trish to speak to Justin about how we are to support people on benefits to keep up with national changes

Social, Leisure and Hobbies Group



- 5.44 Lou updated the group about the 'My time' project.

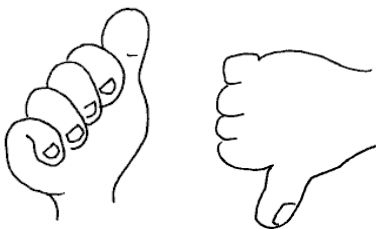
- 5.45 The Social, Leisure and Hobbies Group have had over 200 questionnaires returned. They would like more returns.

- 5.46 The group are thinking about making a link with the education group. They would like people who go to college to fill in the questionnaires too.

Action 11 – Jo Brown/Trish to send through the My Time questionnaire to Leicester College

- 5.47 Leon also agreed to take the My Time questionnaire to the Leicester College campuses.

Action 12 – Lou to send the My Time questionnaire to Frankie Williams from Leicester College, Frith site.



- 5.48 The results so far showed that there are 40 people who are happy with all that they do. But that means there are over 160 people who are not happy.



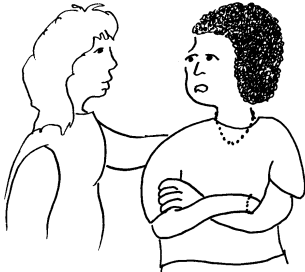
- 5.49 Many people want to do social activities like going to the pub or restaurants.

- 5.50 Other activities that are popular are: cinema, shopping, walks, snooker/pool, swimming, football, going to Leicester City football matches, and bowling.



5.51 The group want to arrange 4 evening activities during the year.
The group are looking at exploring the idea of going on a walk as one of their evening activities.

5.52 The group have made a link with the Special Olympics Legacy Group. They will pass any information on sports to them.



5.53 The My Time questionnaire revealed that the biggest reason why people with learning disabilities cannot do more activities is because of the lack of support.

5.54 Other big reasons are transport and money.

5.55 Individual Budgets may help people to have more choice on what they do.

5.56 Some people simply do not know what activities are available. The Social, Leisure and Hobbies Group hope to be able to get information to them. They will make links with libraries.

5.57 Other reasons that people stated for not being able to do more activities is because of medical reasons.



5.58 Another reason is because of fear.
Trish stated that many people have a problem of fear. We would need to make sure that the team working on community safety are aware of people with learning disabilities.

5.59 Carers are being asked to fill in My Time questionnaires too.

5.60 There are 2 ways of using the information from the My Time questionnaires.
One way is to help individuals. We could work with social workers in a more person centred way to help individuals.

5.61 The other way of using the information from the My Time questionnaires is to form groups of people who want to do certain activities.

5.62 Places like clubs and pubs will need to become more aware of Learning Disabilities. We will need to inform Workforce Development about the places that need Learning Disability Awareness Training.

5.63 Lou will feed back any important information from the My Time questionnaires to the working groups.

5.64 Lou will do a presentation at the Partnership Board in November about My Time.

5.65 We talked about Keep Safe cards. It would be useful to know the kind of things others are doing on keeping safe.



Action 13 – Grace/Shamima Essat to research any information on Keep Safe cards

5.66 We talked about ways in getting information on events and activities accessible.

5.67 One idea is to have the libraries website link with our Learning Disability Information and Communication Network website.

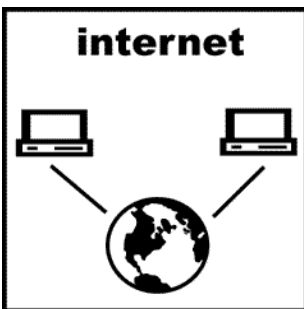
5.68 Lou met with Maria from the Tourism Information Centre. They will be talking to Justin Hammond about linking the tourism website to the Learning Disability Information and Communication Network website.

5.69 However, having information electronically is not always the most practical way of informing people. This is mainly because not everybody has a computer.

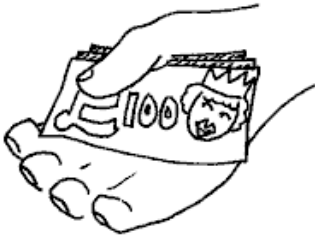
5.70 Sukhi suggested having information on digital TV.

5.71 Carole and David Brown have started a directory that will have information on different kind of places to go. The directory will include information on accessibility, facilities and cost for every place.

Action 14 – Grace to send the directory template to the group. The group can contribute to the directory.



5.72 Libraries have a webpage called 'Infolinx'. It holds community information. We could have information from our directory to go on Infolinx. Libraries could also help keep our directory up-to-date.



5.73 Aaron talked more about how Individual Budgets would help people who have a shared interest in an activity. Individual Budgets would help us get started in forming groups.

5.74 We will need to involve social workers for those who could change to Individual Budgets. Social workers will need to do a review.

5.75 It will be helpful to us to have a social worker to be a representative in this group.

Action 15 – Lou to invite a social worker to the group

5.76 Carole explained to the group an issue Peter Penfold currently has with his Individual Budget.

5.77 Peter does not have the freedom of choice and control with his Individual Budget.

5.78 A suggestion is for Peter to get an advocate from Mencap. Then Peter should go to the brokerage and social worker. An option for Peter is that he could change providers. However he should not have to do this.

5.79 Carole feels this might also be an issue for many other people. Esme Walsh said that she too is having the same problem.

5.80 Carole is going to write to the Transformation team.



Action 16 – Trish to email the manager at Mencap about Individual Budgets

Action 17 – Trish to talk to Jonathan Hill from the Transformation team about Individual Budgets

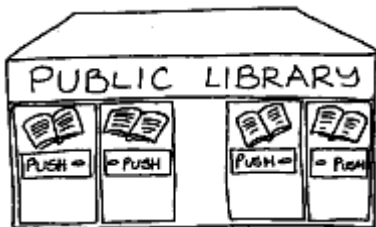
5.81 Trish also suggested that Lynsey invite Jonathan Hill to We Think.



5.82 About making information accessible, the Tourist Information Centre are keen to pass on any information to us to be made accessible. But most of their information is accessible anyway.

5.83 The people who work in the Tourist Information Centre would like us to go to the office and collect any leaflets and information.

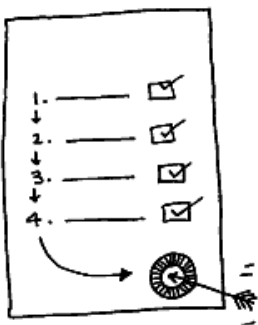
5.84 Jo suggested that a city-based day service group could go to the Tourist Information Centre and libraries once a month. They could collect the information and distribute it.



5.85 The group thanked the libraries colleagues for being involved and willing to help.

5.86 The group would also like a representative from the museums.

Action 18 – Ruksana to identify a museums colleague and invite them to the meeting.

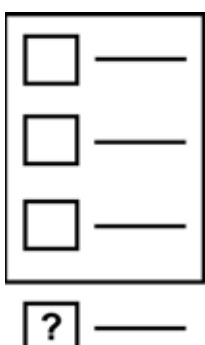


6. Key Priorities Action Plan

Action 19 – Grace to email the action plan to the group

6.1 Each of the working groups are to have 3 manageable targets. These targets are to be reached by March 2010.

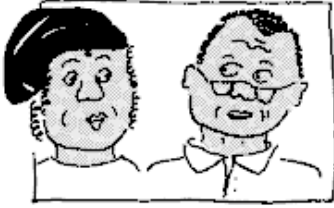
6.2 Yasmin is also meeting with the leads of the working groups to talk about their priorities.



7. Anything else?

7.1 Carole talked about Keep Safe cards. Launches for the Keep Safe cards are still happening.

There will be a launch at Westgate School at the end of July.



- 7.2 To help people with learning disabilities to socialise more, there is an organisation called 'Stars in the Sky' based in London. Stars in the Sky supports people to go out with their friends and on dates. They also organise general social events. We could have something similar in Leicester.

Lynsey went to Wakefield where she found out more information about Stars in the Sky. It costs £40 a year to be a part of. They have volunteers who support people.

Brightlights think it is a good idea.

- 7.3 There were 3 people who said in the My Time questionnaires that they would like to join a dating agency and even get married. It is everybody's right to have a choice in this matter.



- 7.4 Carole told the group about an organisation called 'Grapevine' in Coventry. Grapevine run drop-in activities and evening activities. They advertise these activities and anyone can then book themselves on.

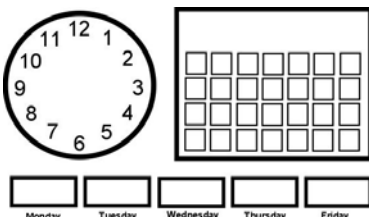
Action 20 – Carole to share with the group the information about Grapevine

- 7.5 Lou also mentioned that the National Autistic Society have a befriending scheme. It is free. But at the moment they are looking at how they can continue it.

Action 21 – Lou to speak to Esther Vickers from the National Autistic Society

9. Dates of 2009 meetings

4 June - Room 1, 8th Floor, B-Block, New Walk Centre



6 August - Committee Room 2, Town Hall

1 October - Room 1, 8th Floor, B-Block, New Walk Centre

3 December - Room 1, 8th Floor, B-Block, New Walk Centre

Time: 10 am to 1 pm

Leicester Disability Information
Communication Network

www. LDICN. org. uk

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Some of the symbols used have been taken from the
Leicester Symbols Project

Some of the pictures used in these minutes have been
taken from the Change Picture Bank

If you would like the minutes in bigger print, please call
on 0116 252 6936

Actions

- 1. Trish to speak to Adult Learning to find out who will be the representative at this meeting**
- 2. Jo Burke to send an email to the group requesting any information that could go in the carers newsletter**
- 3. Carole to think of different themes for the day for the radio show**
- 4. Any ideas for the community radio station are to go to Yasmin.**
- 5. Yasmin, Sukhi and John to meet to discuss ideas for the community radio station**
- 6. Carole to email Trish the information about the bus/train pass. Trish to inform those who make the passes**
- 7. Trish to speak to Sian Margetts about the 'Moving On' course**
- 8. Carole to talk to Frankie Williams about Person Centred Planning for those doing the 'Moving On' course at Leicester College**
- 9. Yasmin and Trish to meet with Sian Margetts and the Learning Skills Council**

- 10. Trish to speak to Justin about how we are to support people on benefits to keep up with national changes**
- 11. Jo Brown/Trish to send through the My Time questionnaire to Leicester College**
- 12. Lou to send the My Time questionnaire to Frankie Williams from Leicester College, Frith site.**
- 13. Grace/Shamima Essat to research any information on Keep Safe cards**
- 14. Grace to send the directory template to the group. The group can contribute to the directory**
- 15. Lou to invite a social worker to the group**
- 16. Trish to email the manager at Mencap about Individual Budgets**
- 17. Trish to talk to Jonathan Hill from the Transformation team about Individual Budgets**
- 18. Ruksana to identify a museums colleague and invite them to the meeting.**
- 19. Grace to email the action plan to the group**
- 20. Carole to share with the group the information about Grapevine**
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